Life in the Army

MAIN IDEA
Both Union and Confederate soldiers endured many hardships serving in the army during the Civil War.

WHY IT MATTERS NOW
The hardships endured led to long-lasting bitterness on both sides.

TERMS & NAMES
hygiene
rifles
minié ball
ironclad

CALIFORNIA STANDARDS
8.10.5 Study the views and lives of leaders (e.g., Ulysses S. Grant, Jefferson Davis, Robert E. Lee) and soldiers on both sides of the war, including those of black soldiers and regiments.
8.10.6 Describe critical developments and events in the war, including the major battles, geographical advantages and obstacles, technological advances, and General Lee’s surrender at Appomattox.
8.10.7 Explain how the war affected combatants, civilians, the physical environment, and future warfare.
REP4 Students assess the credibility of primary and secondary sources and draw sound conclusions from them.

ONE AMERICAN’S STORY
In 1862, Peter Vredenburgh, Jr., answered President Lincoln’s call for an additional 300,000 soldiers. Nearly 26 years old, Vredenburgh became a major in the 14th Regiment New Jersey Volunteer Infantry. Less than two months after joining the regiment, he wrote a letter urging his parents to keep his 18-year-old brother from enlisting.

A VOICE FROM THE PAST
I am glad that Jim has not joined any Regt. [regiment] and I hope he never will. I would not have him go for all my pay; it would be very improbable that we could both go through this war and come out unharmed. Let him come here and see the thousands with their arms and legs off, or if that won’t do, let him go as I did the other day through the Frederick hospitals and see how little account a man’s life and limbs are held in by others.

Major Peter Vredenburgh, Jr., quoted in Upon the Tented Field

On September 19, 1864, Vredenburgh was killed in battle. In this section, you will learn more about other soldiers and what their experiences were like.

Those Who Fought
Like Peter Vredenburgh, the majority of soldiers in the Civil War were between 18 and 30 years of age. But both the Confederate and Union armies had younger and older soldiers. Charles Carter Hay was just 11 years old when he joined an Alabama regiment. William Wilkins was 83 when he became one of the Pennsylvania Home Guards.

Farmers made up the largest group among Civil War soldiers. About half the soldiers on both sides came from farms. Having rarely traveled far from their fields, many viewed going off to war as an exciting adventure. Some rode a train for the first time.
Although the majority of soldiers in the war were born in the United States, immigrants from other countries also served. German and Irish immigrants made up the largest ethnic groups. One regiment from New York had soldiers who were born in 15 foreign countries. The commanding officer gave orders in seven languages.

At the beginning of the war, African Americans wanted to fight. They saw the war as a way to end slavery. However, neither the North nor the South accepted African Americans into their armies. As the war dragged on, the North finally took African Americans into its ranks. Native Americans served on both sides.

In all, about 2 million American soldiers served the Union, and fewer than 1 million served the Confederacy. The vast majority were volunteers. Why did so many Americans volunteer to fight? Many sought adventure and glory. Some sought an escape from the boredom of farm and factory work. Some signed up because their friends and neighbors were doing it. Others signed up for the recruitment money offered by both sides. Soldiers also fought because they were loyal to their country or state.

**Turning Civilians into Soldiers**

After enlisting, a volunteer was sent to a nearby army camp for training. A typical camp looked like a sea of canvas tents. The tents were grouped by company, and each tent held from two to twenty men. In winter, the soldiers lived in log huts or in heavy tents positioned on a log base. In the Civil War, Confederate soldiers and soldiers in volunteer units in the Union Army elected their company officers. Both the Union and Confederate armies followed this practice.

A soldier in training followed a set schedule. A bugle or drum awakened the soldier at dawn. After roll call and breakfast, the soldier had the first of several drill sessions. In between drills and meals, soldiers performed guard duty, cut wood for the campfires, dug trenches for latrines (outdoor toilets), and cleaned up the camp.

Shortly after they came to camp, new recruits were given uniforms and equipment. Union soldiers wore blue uniforms, and Confederate soldiers wore gray or grey uniforms.

---

**Daily Life**

**Drill Sessions**

“The first thing in the morning is drill. Then drill, then drill again. Then drill, drill, a little more drill. Then drill, and lastly drill.” That is the way one soldier described his day in camp.

A soldier in training might have as many as five drill sessions a day, each lasting up to two hours. The soldiers learned to stand straight and march in formation. They also learned to load and fire their guns. Shown drilling below are soldiers of the 22nd New York State Militia near Harpers Ferry, Virginia, in 1862.
yellowish-brown uniforms. Getting a uniform of the right size was a problem, however. On both sides, soldiers traded items to get clothing that fit properly.

Early in the war, Northern soldiers received clothing of very poor quality. Contractors took advantage of the government’s need and supplied shoddy goods. Shoes made of imitation leather, for example, fell apart when they got wet. In the Confederacy, some states had trouble providing uniforms at all, while others had surpluses. Because the states did not always cooperate and share supplies, Confederate soldiers sometimes lacked shoes. Like soldiers in the Revolutionary War, they marched over frozen ground in bare feet. After battles, needy soldiers took coats, boots, and other clothing from the dead.

At the beginning of the war, most soldiers in army camps received plenty of food. Their rations included beef or salt pork, flour, vegetables, and coffee. But when they were in the field, the soldiers’ diet became more limited. Some soldiers went hungry because supply trains could not reach them.

**Hardsips of Army Life**

Civil War soldiers in the field were often wet, muddy, or cold from marching outdoors and living in crude shelters. Many camps were unsanitary and smelled from the odors of garbage and latrines. One Union soldier described a camp near Washington. In the camp, cattle were killed to provide the troops with meat.

**A VOICE FROM THE PAST**

“Look at our company—21 have died of disease, 18 have become so unhealthy as to be discharged, and only four have been killed in battle.” So a Louisiana officer explained the high death rate in the Civil War.

More than twice as many men died of disease as died of battle wounds. Intestinal disorders, including typhoid fever, diarrhea, and dysentery, killed the most. Pneumonia, tuberculosis, and malaria killed many others. Bad water and food, poor diet, exposure to cold and rain, unsanitary conditions, and disease-carrying insects all contributed to the high rate of disease.

Not only were the camps filthy, but so were the soldiers. They often went weeks without bathing or washing their clothes. Their bodies, clothing, and bedding became infested with lice and fleas.

Poor **hygiene**—conditions and practices that promote health—resulted in widespread sickness. Most soldiers had chronic diarrhea or other intestinal disorders. These disorders were caused by contaminated water or food or by germ-carrying insects. People did not know that germs cause diseases. Doctors failed to wash their hands or their instruments. An observer described how surgeons “armed with long, bloody knives and saws, cut and sawed away with frightful rapidity, throwing the mangled limbs on a pile nearby as soon as removed.”

**Background**

Before uniforms became standardized, soldiers dressed in outfits supplied from home. This caused confusion on the battlefield.
Changes in Military Technology

While camp life remained rough, military technology advanced. Improvements in the weapons of war had far-reaching effects. Battle tactics changed, and casualties soared.

Rifles that used minié balls contributed to the high casualty rate in the Civil War. A rifle is a gun with a grooved barrel that causes a bullet to spin through the air. This spin gives the bullet more distance and accuracy. The minié ball is a bullet with a hollow base. The bullet expands upon firing to fit the grooves in the barrel. Rifles with minié balls could shoot farther and more accurately than old-fashioned muskets. As a result, mounted charges and infantry assaults did not work as well. Defenders using rifles could shoot more of the attackers before they got close.

Ironclads, warships covered with iron, proved to be a vast improvement over wooden ships. In the first ironclad battle, the Confederate Virginia (originally named the Merrimack) battled the Union Monitor off the coast of Virginia in 1862. After hammering away for about four hours, the battle ended in a draw. (See page 492 for more information on ironclads.) Despite new technology and tactics, neither side gained a decisive victory in the first two years of the war, as you will see in the next section.